



A Quarterly Newsletter from Dean Foundation for Health, Research & Education

Dean Foundation Opens Middleton Teen Clinic

The **Middleton Teen Clinic**, which opened in August, is located at 2711 Allen Boulevard, Middleton, in the Dean Foundation building. The mission of the clinic is to serve Middleton High School and the Middleton Alternative High School (MASH) students by providing the following free services: 1) comprehensive examinations for school and sports; 2) treatment for physical and mental illnesses and injuries; and 3) therapy for sexual issues including sexually transmitted diseases and birth control.

Members of the guidance office, the school nurse, the athletic director, and the drug and alcohol counselor at Middleton High School and MASH arrange appointments for the students through the clinic receptionist. The clinic is open on Mondays and Tuesdays over the lunch hours of 11:30 to 1:30 when school is in session.



Dr. Peter Karofsky and wife Kathy

The clinic receptionist is Kathy Karofsky. She schedules the appointments with the above faculty members, compiles patient charts, works with Medicaid issues, and helps with fundraising. The nursing staff includes Maureen Hall, Carol Cowgill, and Pat Schwartz all of whom have many years of experience working in local clinics and hospitals. Dr. Peter Karofsky is the medical director and the primary physician rendering care at the Teen Clinic. In the near future, students from the University of Wisconsin Medical School and pediatric residents from University Hospitals will assist Dr. Karofsky.

Consultants to the clinic include several members of the community who have volunteered their services pro bono as well, including Dr. Robb Warren for dentistry, Dr. Vic Connors for optometry, and Dr. Leslie Taylor and Lyric Dold for psychiatry and counseling.

State Farm Provides \$2500 Grant to Dean Foundation

On September 1st, Agent Larry Sain and Auto Estimator Dave Kluetzman presented a \$2500 grant on behalf of State Farm to Dean Foundation.



Back row L-R: Kelly Savage, *State Farm Insurance*; Becky Johnson; Sherri Faust; Leslie Taylor; Dave Kluetzman, Representative Mark Miller; Larry Sain, *State Farm Insurance*; Linda Campbell (*Crash Helmet*®). Front row: Rhonda Fahey (*Buckle Bear*).

The funding will go toward our car seat rental program. This program allows individuals to rent car/booster seats at a low cost. The grant will also help with their *Buckle Bear* and *Crash Helmet*® educational programs. *Buckle Bear* and *Crash Helmet*® teach,

through lesson plans and activities, kids in Dane county about wearing seatbelts and bike helmets.

Strengthening child passenger safety laws in the state of Wisconsin is one of State Farms main legislative priorities. This partnership will help to educate families and legislators about this issue as well as other important safety concerns.

Welcome New Dean Foundation Employees

Diane Vieau started in July as the Receptionist/Research Clerk and Linda Campbell started in August as the Passenger Safety Assistant. Diane and Linda work at the Middleton office. We welcome our two new additions to the Dean Foundation staff, and look forward to working with them.



Diane Vieau (left) and Linda Campbell (right).

FEATURED STUDY

Parkinson's Disease Research Study

Dean Foundation is conducting a research study for people who are suffering from Parkinson's disease; a progressive neurological disorder that happens when there is a loss of an important brain chemical called dopamine. When the brain has low levels of dopamine it loses the ability to regulate the movement of muscles. Levodopa (L-dopa) is a medication which increases dopamine levels in the brain and has been approved by the FDA for the treatment of Parkinson's disease. In some patients L-dopa can become less effective and cause dyskinesia (involuntary movements such as twitching, nodding, and jerking).

Currently, two FDA-approved drugs that are prescribed to help L-dopa work better in patients who are experiencing dyskinesia are taken 3 times a day.

The purpose of this study is to compare an investigational medication, to a medication currently available, over a 2-year period of time to see how well these 2 treatments can delay dyskinesia in patients who are also taking L-dopa. The investigational medication is a new controlled-release form of a FDA-approved medication, and is taken only once a day.

Dr. Efrain Perez-Vargas, a Neurologist at Dean Health Systems, is currently enrolling patients who have Parkinson's disease for a nationwide investigational medication research study. Individuals who decide to take part in this study will be asked to make at least 15 visits to the Dean Medical Center within 2 years. All subjects in this study will continue to take their regular L-dopa prescription and will also receive either the investigational medication, or one of the FDA-approved medications. Qualified volunteers receive study-related clinic visits, procedures, tests, and study medication at no cost. In addition, financial reimbursement may also be provided.

If you, or someone you know, is suffering from Parkinson's disease and are interested in learning more about this study, please call for more information: Dean Foundation Medical Research (608) 283-7013, or email jim.klinkner@deancare.com.

New Dean Foundation Board Members

The Dean Foundation Board of Directors recently welcomed new Directors Carol Cowgill and Dr. Jeff Roggensack. In addition to their regular Board participation, Ms. Cowgill is active on the Development Advisory Committee and Dr. Roggensack serves on the Strategic Planning Advisory Committee.



2004 Dean Foundation Service Awards

Five Years:

Jan Lonowski (May 2004)

Antonio Sella (August 2004)

Ten Years:

Rhonda Fahey (March 2004)

Leslie Taylor (October 2004)



Seasons Greetings!
Wishing you a very happy and peaceful
holiday season and a prosperous New Year.

— Leslie Taylor, M.D.
Executive Director



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